WOMEN'S LEADERSHIP SERIES

Understanding and Leveraging Your Leadership Style September 27, 2022 | 9:00 AM - 12:00 PM ET

Session Description: Successfully leading others to perform at their best begins with effectively leading yourself. Understanding the influencing factors that may be influencing your leadership style, as well as the leadership styles of those around you, is essential to achieving consistent long-term success. During this session, we'll explore different leadership styles, including how to be on the lookout for hidden weaknesses, and how to leverage your strengths. Participants will also explore how one's mindset, internal dialogue, moods and emotions set the tone for your leadership style and capacity – both positively and negatively. Participants will have an opportunity to engage in various group exercises designed to increase self-awareness and learn from other participants.

Objectives and Goals:

- Gain valuable insights into your unique leadership style
- Consider how you can expand your leadership style
- Examine the characteristics of a leadership mindset
- Explore how your inner dialogue shapes and influences how you feel, and the results you do and do not achieve
- Examine how moods and emotions influence every interaction
- Develop an action plan to support your continued growth and development

Session Facilitator: <u>Wendi L. Wasik, MSOD</u> – University of Pennsylvania – CEO and Founder, Wasik Consulting, LLC – Executive Coach and Leadership Consultant – National Association of Corporate Directors, Board Leadership Fellow

Schedule:

9:00-9:05 AM	Welcome – Renée Hartwell
9:05-9:30 AM	Workshop Summary and Introductions
9:30-10:10 AM	Exploring and Understanding Different Leadership Styles
10:10-10:20 AM	Break
10:20-10:35 AM	Fixed and Growth Mindsets
10:35-11:00 AM	Internal Dialogue
11:00-11:30 AM	Emotions and Moods
11:30-11:55 AM	Creating your Action Plan
11:55-12:00 PM	Closing



WOMEN'S LEADERSHIP SERIES

Executive Presence and Communication Skills

September 27, 2022 |1:00-4:00 PM ET

Session Description:

Our work will explore the meaning, challenges, and necessity of communicating an Executive Presence. We'll look closely at how culture and world events transform how women lead. Two relevant studies, *Women in The Workplace* (2021) and *Women @ Work 2022: A Global Outlook* will guide our discussions, as we share stories and communication strategies that go beyond the appearance of leadership. Through this group's diverse career experiences you will strengthen your confidence, be better about not always knowing, and make time to reflect on your leadership journey.

Objectives and Goals:

- Discuss how your leadership and communication style works in practice
- Increase your network
- Exchange strategies for being heard
- Reflect and document

Session Facilitator: <u>Melissa Glenn</u> - Fox School of Business at Temple University – Associate Professor of Practice, Business Communications; Deputy Chair, Department of Marketing at Fox; Subcommittee Chair, Fox/STHM DEI Council. Creative Writer.

Schedule:

1:00-1:05 PM	Welcome and Introduction – Renée Hartwell
1:05-1:25 PM	Redefining Executive Presence: What's Your Leadership Origin?
1:25-1:45 PM	Elements of Executive Presence
1:45-2:30 PM	Women in the Workplace
2:30-3:00 PM	Story & Strategy Sharing
3:00-3:15 PM	Break
3:15-3:45 PM	What's In Your Power to Change
3:45-3:55 PM	Resource Wrap-up
3:55-4:00 PM	Closing

