**Understanding and Leveraging Your Leadership Style**

Next Steps: Identify & Practice

Translate what you’ve ***discovered*** into ***measurable practices*** so you can begin applying what you’ve learned today! *Consider a project, challenge, or specific area of your leadership style that you’d like to expand, and consider the following questions:*

1. **Leveraging your leadership style and influencing key stakeholders:** 
   1. How can you leverage your “sweet spots” to advance your goals *and* expand your leadership capacity?

* 1. How can you increase your awareness about your leadership style “blind spots”?
  2. How might you shift your thinking and/or behavior to transform your blind spots? What practices can you take on to aid this transformation?

1. **Transforming your negative internal dialogue:**
   * 1. Eliminate unproductive dialogue by replacing it with productive dialogue. What does that sound like?

Example: I will stop saying \_\_\_\_\_, and practice saying \_\_\_\_\_ in\_\_\_\_\_\_ situations.

* + 1. How will you maintain this practice, and who will hold you accountable?

1. **Where can you cultivate a flexible mindset?**
   1. Identify one situation where having a flexible mindset could positively impact your leadership style, and the key stakeholders in your ecosystem.
   2. What practices might you establish to cultivate a flexible mindset?

1. **Cultivating your moods and emotions:**
   1. Which moods (productive and unproductive) have the most influence over your leadership style today?
   2. Identify 1 productive mood (e.g., curiosity, trust, patience, etc.), that you will commit to practicing on a regular basis during the next 30 days.
   3. What changes do you imagine might result from this practice?